

DeRosa Performing Arts Center

2026/2027 SCHEDULE

MONDAY

TIME	STUDIO 1	STUDIO 2	STUDIO 3
4:00	—	Lyrical Recreational Ages 4-6	—
5:00	Lyrical 1 Competition	Ballet 2 Competition	—
6:00	Lyrical 2 Competition	Ballet 1 Competition	Hip Hop Recreational Ages 9-12
7:00	Lyrical 3 Competition	Ballet 4 Competition	Ballet Competition Prep
8:00	Lyrical 4 Competition	Ballet 3 Competition	Jazz Recreational 10+

TUESDAY

TIME	STUDIO 1	STUDIO 2	STUDIO 3
3:45	Ballet/Hip Hop Recreational Ages 3-5	—	—
4:30	Petite Competition Ballet	Ballet/Hip Hop Recreational Ages 5-8	—
5:30	Petite Competition Lyrical	Competition Prep Jazz	—
6:30	Jumps & Turns Intermediate/Advanced	Closed for Private	Competition Prep Hip Hop
7:30	Closed for Private	Stretching & Conditioning 10+	Hip Hop Adult Ages 18+

WEDNESDAY

TIME	STUDIO 1	STUDIO 2	STUDIO 3
4:00	Cheer (Tumbling Included) Ages 7-10	Jazz Recreational Ages 4-6	Jazz Recreational Ages 7-10
5:00	Jazz 1 Competition	Hip Hop 2 Competition	Lyrical Recreational Ages 7-9
6:00	Jazz 2 Competition	Hip Hop 1 Competition	Stretching & Conditioning Ages 6-10
7:00	Jazz 3 Competition	Hip Hop 4 Competition	Jumps & Turns Beginner
8:00	Jazz 4 Competition	Hip Hop 3 Competition	—

THURSDAY

TIME	STUDIO 1	STUDIO 2	STUDIO 3
3:45	Ballet/Tap Recreational Ages 3-5	—	—
4:30	Petite Competition Jazz	Tap/Jazz Recreational Ages 5-8	—
5:30	Petite Competition Hip Hop	Hip Hop Recreational Ages 7-9	Tap Intermediate/Advanced Recreational
6:30	Contemporary/Improv Ages 10+	Lyrical Ages 10+ Recreational	Tap Beginner/Intermediate Recreational
7:30	Musical Theatre Jazz Ages 10+	Hip Hop Ages 10+ Recreational	Tap Adult Ages 18+ Beginner/Intermediate Recreational

FRIDAY

TIME	CLASS
2:00	Shabbas Friendly Acro
4:00	Acro Intermediate/Advanced
5:00	Acro Beginner/Intermediate

**If low enrollment, we will combine to one all levels class at 4:00*

SATURDAY

TIME	CLASS
10:00	Competition Additional Ballet (For competition team members) Ages 9+
11:00	POM! College Dance Team Prep Ages 10+

SUNDAY

TIME	STUDIO 1	STUDIO 2
9:00	Ballet/Hip Hop Recreational Ages 4-5	Ballet/Hip Hop Recreational Ages 5-6
10:00	Hip Hop Recreational Ages 7-8	Hip Hop Recreational Ages 8-9
11:00	Hip Hop Recreational Ages 10+	—

CLASS DESCRIPTIONS

BALLET

A classical dance form that emphasizes technique, grace, posture, and precise movements, often set to classical music.

LYRICAL

A fusion of ballet and jazz that uses fluid movements to express emotion and tell a story through music.

JAZZ

An energetic dance style with rhythmic movements, isolations, and strong technique, often performed to upbeat music.

HIP HOP

A street style dance performed to hip hop music, focusing on rhythm, grooves, isolations, and dynamic movement.

TAP

A percussive dance style using specialized shoes to create rhythmic sounds through footwork.

CONTEMPORARY/IMPROV

A modern dance style that blends technique with freedom of movement, creativity, and personal expression.

ACRO

A combination of dance and acrobatics that develops strength, flexibility, balance, and tumbling skills.

CHEER

A high-energy activity that combines dance, jumps, motions, stunts, and tumbling to build team spirit and performance.

JUMPS & TURNS

A class focused on developing proper technique in jumps, turns, leaps, and overall control.

STRETCHING & CONDITIONING

A class designed to improve flexibility, strength, endurance, and overall physical conditioning to support dance performance and injury prevention.

PREP CLASSES

Classes designed for students preparing for the competitive track.

ADULT CLASSES

Dance classes designed specifically for adult dancers ages 18+.

COMPETITION CLASSES: Competition classes are CLOSED and only available to members of the DPAC competition team who have auditioned and been specifically placed.